



Masters Swimming Association of British Columbia

LAST NAME (PLEASE PRINT)

FIRST NAME

INITIAL

RELEASE AND INDEMNITY

As a condition of my participation in events sponsored or sanctioned by **The Masters Swimming Association of B.C. ("MSABC") I:**

- a) Confirm that I am aware that **Master Swimming** is a sport which involves risks including significant cardiovascular demands.
- b) Confirm that I am physically fit and able to participate in competitive swimming. I am not aware of nor have I been advised of any physical limitations to my participation.
- c) I agree that I will not make any claim for damages, costs or otherwise against **MSABC**, its agents, volunteers, clubs, sponsors, officials for the owners or operators of any facilities used by **MSABC**, even if such claim is based upon the negligence of those organizations or individuals described above.
- d) Agree to indemnify and hold **MSABC** and those individuals and organizations set forth in the preceding paragraph from any claims from loss or damage associated with my participation in events sponsored or sanctioned by **MSABC**.
- e) Agree that this document is binding upon me and my successors, personal representatives and next of kin.

THE PURPOSE OF THIS DOCUMENT IS TO PRECLUDE ANY CLAIM ARISING OUT OF MY PRATICIPATION IN EVENTS SPONSORED OR SANCTIONED BY THE MASTERS SWIMMING ASSOCIATION OF B.C.

DATED at _____, **this** _____ **day of** _____ **20** _____

X _____
(SIGNATURE)



In an effort to ensure the safety of our swimmers during practices, UBC Masters has decided to collect and make emergency contact numbers available to coaches on the pool deck. This information will be stored in a secure location between practices. Please provide a contact name and phone number in case of emergency. If you have a medical condition you wish the coaching staff to be aware of, please list it below (optional).

Emergency contact person: _____

Relationship to emergency contact: _____

Emergency contact phone number: _____

Medical condition(s) (optional): _____